



Conveniently located at Town Center Corte Madera

When should I see a Pediatric Dentist?

Guidelines suggest your little one should see a pediatric dentist when their first tooth comes in. It's best for them to visit before their 1st birthday. Choosing a "dental home" early will give your little one time to warm up to their new pediatric dental team. Their first "well-baby check" will likely be a fun and proud moment for all and serve as a baseline for your little one's oral health and wellness.

Why choose a Pediatric Dentist?



Pediatric dentists receive specialty training to treat children's dental needs. Think of a pediatric dentist as similar to your pediatrician. Your pediatrician completed special education and training to manage child-specific medical needs. The same applies for your pediatric dentist. Not only are kids' little bodies different from adult bodies, so are their little mouths.

How often should I brush my baby's teeth?

Focus on doing at least one thorough brushing per day - ideally at bedtime after their last feeding. Bump it up to twice a day when you can. While they're little don't worry about brushing for two full minutes. A quick 20-second brush should do the job. And try to floss between any teeth that touch.



Should I be using fluoride toothpaste?



The short answer is yes, but it's really up to you. Any kind is fine - even your adult toothpaste (avoid whitening or other trendy ingredients). Make sure you only dispense a small "rice size" until they can spit independently. The right amount of fluoride at each brushing will help to keep their teeth strong and make their future teeth stronger.

How often should my child get a professional fluoride treatment?

Your pediatric dentist will determine your child's cavity risk. Based on this, they may recommend an individualized plan that includes regular in-office fluoride treatments. Most low-risk children will benefit from a professional fluoride treatment every 6 months. Fluoride strengthens tooth enamel now and throughout your kid's life. Your pediatrician can refer you to a pediatric dentist to get your child started down a path of dental success.

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